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Hello, Beautiful: How the Power of Self Love Heals & Transforms You Forever

Victoria Feldman

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Hello, Beautiful: How the Power of Self Love Heals & Transforms You Forever

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Hello, Beautiful: How the Power of Self Love Heals & Transforms You Forever Victoria Feldman Hello, Beautiful, subtitled, How the Power of Self-Love Heals and Transforms You Forever takes the reader on a journey of remembering the One who created us and re-connecting with the full force of divine power to overcome old thoughts that impede the manifestation of our deepest desires. Hello, Beautiful is the perfect size to carry in a purse or briefcase and is skillfully designed with self-love breaks containing soul stirring exercises to assist you in re-defining yourself by encouraging you to unravel your "weighty thoughts" and connect with who you really are. Sprinkled throughout this manifesto of self-realization are inspiring quotes from Gandhi, Marianne Williamson, Wayne Dyer, Lao Tzu, Deepak Chopra, Dr. Elisabeth Kubler-Ross, Maya Angelou, Paulo Coelho, Caroline Myss, Peter Shepherd, Dr. Maria Montessori, Anais Nin, D. H. Lawrence, Julia Cameron, Alanis Morissette, Emmanuel, Anthony de Mello, Gary Zukav, Eckhart Tolle, Geneen Roth, Oprah, Brene Brown, Louise Hay, Byron Katie and Dr. Seuss, plus sacred Bible quotes to hold the reader's heart and mind in pure, divine love. "Victoria Feldman is a master story teller in the way she weaves her own story, along with those she has helped overcome their own eating disorders. Written in a workbook style format that offers real tools and practical steps for healing, Victoria empowers the reader to love themselves completely so that they can truly love others with a healed heart" Sandy Peckinpah Award-Winning Author & Radio Show Host How to Survive the Worst that Can Happen

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