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Wear Your Life Well: Use What You Have to Get What You Want

Marilu Henner

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> It's not enough just to live—you have to wear your life well!
>
> Learn how in this inspiring guide from *New York Times* bestselling author and beloved actress Marilu Henner.

Marilu Henner is in better shape now in her fifties than she was in her twenties—at peak health, working with her active online community at Marilu.com, and celebrating life with her new husband, whom she helped cure of cancer. Now she's back with this exciting guide to making your life work for you, whatever your age or condition.

With the verve of a teenager and the wisdom of a sage, Marilu breaks down all the elements in our lives—our minds, our bodies, and the world around us—that can sabotage our progress, and helps us discover the best in ourselves. Whether you need a major life change or simply want new ideas on improving your life, Marilu Henner is your perfect cheerleader, muse, and mentor.

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