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The Eight-Step Swing, 3rd Edition

Jim McLean

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This fully updated edition of the classic *Eight-Step Swing* reveals the best advice from the top golf school in America, offering a detailed explanation of the true fundamentals of the golf swing. PGA Master Instructor Jim McLean, who has coached many of the game's greatest professionals, has incorporated his latest research into the art and science of the golf swing, breaking it down into a new building block approach.

In this indispensable instructional manual, McLean presents the innovative swing system that has helped championship winners like Tom Kite, Alexis Thompson, Cristie Kerr, and Bernhard Langer elevate their game. With characteristic clarity and expertise, McLean breaks down the swing action into the eight key checkpoint positions that will build a grooved, repeatable, and mechanically sound swing. Helpful practice tips, drills, and mental exercises supplemented with technically accurate photographs and more than 50 new illustrations keep you on track. McLean also presents brilliant strategies and advice for the long game, the short game, the mental game, and overall game management to boost your performance to the next level no matter how long you've been playing.

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