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# Essential Oils: 25 Outstanding Essential Oil Recipes for Damaged Hair Without Shine That You Can Make at Home (Essential Oils, Essential Oils book, essential oils guide)

*Nelly Wilson*

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## Give your hair natural look using 25 outstanding essential oil recipes for damaged hair

Apart from smelling nice, essential oils have amazing **healing qualities**: some are rich in anti-oxidants, some have strong disinfectant properties, some are anti-fungal, others are soothing natural anti-inflammatory remedies.

If you want your hair to enjoy all the benefits of essential oils, *Essential Oils: 25 Outstanding Essential Oil Recipes for Damaged Hair Without Shine That You Can Make at Home* is the book for you.

Essential Oils explains **how to use oils** appropriately for different hair conditions in easy steps and with a clear introduction that will teach you the key principles you need to know to become an expert in using them.

Whether your hair is dry, oily, brittle, flaky or simply lacks shine, whether you have dandruff or your hair is receding, *Essential Oils: 25 Outstanding Essential Oil Recipes for Damaged Hair Without Shine That You Can Make at Home* has many ideas and recipes that will make a real difference to your hair and scalp.

You will learn how to make your own shampoo, tailored to the needs of your hair and scalp, how to make prepare your own conditioner to damaged hair, how to make hot treatments for your hair and scalp to stimulate growth, you will learn how to make dyes that protect your hair from the sun or restore its natural softness, how to make natural and environmentally friendly hair sprays to take with you wherever you go, how to make massage lotions for damaged hair and how to use them.

With this eBook you will have the beautiful, shiny and healthy hair you have always wanted, and you will have fun along the way, and, let’s remember, you will save money as well.

## Contents of the book:


- Chapter 1- Thyme and lavender scalp massage lotion
- Chapter 2 - Anti-dandruff shampoo
- Chapter 3 - Rosemary, lavender and Atlantic cedar wood scalp massage lotion
- Chapter 4 - Dry and flaky hair conditioner
- Chapter 5 - Hair and scalp deodorant shampoo
- Chapter 6 - Shiny hair conditioner

- And much, much more...

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