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Coaching Youth Football: The Guide for Coaches and Parents (Betterway Coaching Kids)

John P Mccarthy Jr

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The Guide for a Fun and Successful Football Season!

Do you need some guidance before you start coaching this football season? *Coaching Youth Football, 3rd edition* gives you everything you need to make this season a success. It covers all of football's fundamentals and gives coaching tips for every aspect of the game including:

- blocking, passing, receiving, running, tackling, and special teams
- proper techniques for all aspects of the game
- the responsibilities of each position on the field
- offensive and defensive formations
- a playbook of over 30 plays to use in games
- how to create the desire to play hard in athletes

You'll also find template practice plans you can adjust for your own use, step-by-step drills, conditioning ideas, first aid information, and an explanation of the game's rules. Plus, a glossary and skills checklists at the end of the book help you learn and teach the language and skills of football quickly and effectively.

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