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How to Make Your Thoughts Disappear: Your Guide to Crushing Obstacles On Your Path to Success

Gary Coxe

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Have you ever looked at successful, influential and charismatic people and wished you could be in control of your life so you could enjoy the same success? Have you ever wondered how to shut down your mind while it's running 90 mph, when all you want to do is go to sleep? Have you ever worried because you can't seem to get a good night's sleep without a couple of alcoholic drinks, a couple of sleeping pills or wrestling through a mediocre novel before you are exhausted enough to fall asleep for three or four hours before getting up again for another day? These are all questions that How to Make Your Thoughts Disappear can help you answer. You are good enough to be rich, successful and influential. You just haven’t yet discovered how to tap into your hidden reservoirs of energy and drive, to do the things you have always wanted to do. In his new book, How to Make Your Thoughts Disappear, Gary Coxe explains how you can reach your full potential in your occupation, in your relationships and in your financial success. You will also learn how to reach your full potential without losing sleep and struggling with alcohol or drug addictions as so many famous and rich people do. If you could sleep like a baby at night and work like a motivated professional during the day, then how much success do you think you might achieve? This book has the answer to that question. If you have ever had moments in your life when you felt your life was out of control, then this book is a “must read” for you. Find out what it is that makes people feel out of control. Learn active techniques for getting back in control of your life and moving toward success in all major areas of life. Gary Coxe explains the keys to success, happiness and a good night’s sleep. If you’re one of those people who is searching for the way to attain those things in your life, then this book was written with you in mind.

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