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Teaching People to Love Themselves: A Leader's Handbook of Theory and Technique for Self-Esteem and Affirmation Training

Dov Peretz Elkins

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Teaching People to Love Themselves: A Leader's Handbook of Theory and Technique for Self-Esteem and Affirmation Training Dov Peretz Elkins
Best-seller as guide for group leaders, counselors, therapists, teachers in formal and informal, adult and youth education. Used in high school and college classrooms in N. America, Europe, Asia and Africa; a superb summary of the theory and practice of raising someone's self-esteem.

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