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Coping Successfully with Ulcerative Colitis (Overcoming Common Problems)

Peter Cartwright

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Apart from being painful and embarrassing, Ulcerative Colitis can severely disrupt a sufferer's life. Part of the intestine becomes inflamed and develops ulcers leading to the colon becoming inflamed preventing water from being absorbed resulting in symptoms including intense diarrhoea, cramps, abdominal pain, illness, and most worryingly bowel incontinence. There are about 90,000 sufferers in the UK and this is the first book which focuses in Ulcerative Colitis alone. It provides clear and accessible information about this disorder and explains how to reduce its effects on daily life and outlines the developments in its treatment.

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