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Hypertension: A Clinical Guide

C. Venkata S. Ram

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Hypertension has become a major public health hazard not only in industrialized nations, but also in emerging economies. Early detection combined with effective treatment is imperative to reduce the risk of patients developing premature cardiovascular disease and accelerated atherosclerosis. A clear, concise resource, **Hypertension: A Clinical Guide** is of practical value to primary care doctors around the world who treat patients with hypertension every day.

The book explores both fundamental and practical aspects, including epidemiology, risk, treatment, and secondary causes. After discussing methods of diagnosis and evaluation, the book explores a range of pharmacological and non-pharmacological treatment options. Specialized chapters address topics such as hypertensive emergencies, hypertension in pregnancy and renal disease, renovascular hypertension, primary hyperaldosteronism, and pheochromocytoma.

Illustrated with photos and tables, this volume is essential reading for physicians, nurses, and allied health professionals with an interest in hypertension whether in primary care, in hospitals, or in training.

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