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Brain Training Box Set: 44 + Supreme Brain Strategies for High Mental Vitality, Effective Memory, Concentration and Sharp Mind (Brain Training Box Set, mind power, better memory)

Steven Brown

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BOOK #1: Brain Training: 45 Advanced Techniques & Strategies For Greater Mind Power, Better Memory and Higher Concentration

Do you have trouble concentrating?

Are you always forgetting where you left your keys, or what time you were meant to pick the kids up?

How would you like to be smarter?

With the brain training exercises detailed in this book, you can learn how to improve the power of your mind. It is easy to learn, once you know the special techniques. Anyone can make sense of this book, and start improving their mind today.

Stop letting yourself lose focus during important tasks. You can get more done if you learn how to concentrate and think faster. The most intelligent people throughout history have understood what it takes to use their brains. You too can learn to harness the power of brain training, and live up to your true potential.

Within this book, you will learn how to:

- Think for yourself, instead of relying on technology
- Clear your mind and let it flourish
- Think deeply for better brain power
- Maintain the health of your mind
- Build your cognitive function
- Use simple tips and tricks to get smarter quickly
- Organize your life so you never forget again

BOOK #2: Speed Reading: Become a Super-Fast Reader With Apps That Teach You Speed Reading

This book will give you all of the information you need on the new Speed Reading app trend that is sweeping the country. Speed Reading is once again becoming more common in mainstream America. In today's fast-paced world, people generally do not have the time to read like they once did, instead taking small chunks of reading on their mobile devices for a few minutes when they have it to spare. It is because of this time crunch that speed reading has come back.

In this book we will discuss the following:

- How to improve your speed reading performance
- The growing trend of Speed Reading and how it's effecting technology including smart phone apps, computer apps, and tablet apps
- The top current Speed Reader apps on the market
- The Android platform Speed Reader app explosion and the best application
- The Spitz application
- The Speed Reading applications impacts

Getting Your FREE Bonus

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From reader reviews:

William Jimenes:

Have you spare time for just a day? What do you do when you have far more or little spare time? Sure, you can choose the suitable activity regarding spend your time. Any person spent their spare time to take a move, shopping, or went to typically the Mall. How about open as well as read a book allowed Brain Training Box Set: 44 + Supreme Brain Strategies for High Mental Vitality, Effective Memory, Concentration and Sharp Mind (Brain Training Box Set, mind power, better memory)? Maybe it is to become best activity for you. You already know beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have other opinion?

Sherry Hansen:

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