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Handbook of Eating Disorders

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Handbook of Eating Disorders

Handbook of Eating Disorders
This second edition of the Handbook of Eating Disorders offers a comprehensive, critical account of the whole field of eating disorders, incorporating both basic knowledge and a synthesis of the most recent developments in the area.

Many of the important developments in recent years are reflected in this expanded volume such as the basic science of appetite control, the discovery of leptin and the knowledge about the neurotramsmitters involved in eating.

An invaluable review of scientific knowledge and approaches to treatment of eating disorders from anorexia nervosa to obesity.
* Covers basic concepts and science, clinical considerations of definition and assessment, and treatment approaches
* Focuses on newer developments in research and treatment
* Reflects evidence-based approaches to treatment as a guide to best practice
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