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Keys to Parenting Your Anxious Child (Barron's Parenting Keys)

Katharina Manassis M.D.

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Keys to Parenting Your Anxious Child (Barron's Parenting Keys) Katharina Manassis M.D.
How can parents recognize anxieties that affect their child's happiness and well being, and how can they help their child overcome them? An experienced child psychiatrist answers this important two-part question by describing various anxiety-caused behavior patterns and advising parents on ways to help their child within the context of both family and school environments. New in this edition are discussions of topics that include early adolescents coping with growth anxiety, mid-adolescents and peer pressure, and late adolescents facing social anxieties in an environment that also includes recreational drugs. She also discusses warning signs that indicate a need for professional counseling and tells parents how and where to find it. Titles in Barron's *Parenting Keys* series cover a wide range of childcare topics and are written by experts in pediatrics, child psychology, and related fields.

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